

RIDE BASE PACK

PUNTALA CAMP & RESORT

2 GRAVEL LOOPS

2 ROAD LOOPS



REQUEST AVAILABILITY & PRICING

WWW.CAMPINGPUNTALA.IT

WELCOME TO PUNTALA CAMP & RESORT

YOUR GATEWAY TO ONE OF TUSCANY'S BEST CYCLING DESTINATIONS

DISCOVER:

FACILITY & SERVICES

- 4-STAR CAMPSITE, SET IN A COASTAL PINE FOREST IN CASTIGLIONE DELLA PESCAIA
- PRIVATE SANDY BEACH (900 M), BLUE FLAG CERTIFIED
- TWO RESTAURANTS (CENTRALE AND ISOLOTTO)
- BEACH BAR, SUPERMARKET, BAZAAR

ACCOMMODATION

- SHADED PITCHES FOR TENTS, CARAVANS AND MOTORHOMES
- AIR-CONDITIONED MOBILE HOMES
- BUNGALOWS IN FIVE VARIANTS NESTLED IN THE PINE FOREST
- GLAMPING: SILVERFIELD CARAVAN (1960S VINTAGE STYLE)

LOCATION & NATURE

- BEACHFRONT PINE FOREST SETTING WITH A PLEASANT MICROCLIMATE
- DIRECT ACCESS TO THE FUTURE CICLOVIA TIRRENICA CYCLE ROUTE
- CLOSE TO CALA VIOLINA AND THE COVES OF BANDITE DI SCARLINO

BIKE-FRIENDLY FACILITIES

- ON-SITE PUNTA ALA TRAIL CENTER: WORKSHOP, BIKE RENTAL (MTB, E-MTB, GRAVEL, ROAD), GUIDED TOURS AND SHUTTLE SERVICE
- PERMANENT PUMP TRACK OPEN TO ALL GUESTS
- OVER 15 YEARS OF INVESTMENT IN MTB TRAIL BUILDING AND MAINTENANCE

MTB & ENDURO TRAILS

- EXTENSIVE TRAIL NETWORK IN THE BANDITE DI SCARLINO: FROM EASY XC TO TECHNICAL ENDURO
- ICONIC TRAILS: 301 ("THE KING OF PUNTA ALA TRAILS"), ROCK'OH, TIRAROLO, DH1, FAST & FURIOUS
- IN 2013 PUNTA ALA HOSTED THE VERY FIRST ENDURO WORLD SERIES ROUND
- ALL TRAILS ACCESSIBLE DIRECTLY FROM THE CAMPSITE

GRAVEL & ROAD CYCLING

- GRAVEL ROUTES TOWARDS DIACCIA BOTRONA NATURE RESERVE AND THE COLLINE METALLIFERE
- FLAT COASTAL ROADS TOWARDS FOLLONICA AND CASTIGLIONE DELLA PESCAIA
- CLIMBS: TIRLI (~400 M, STEEP 1 KM OPENING WALL), POGGIO BALLONE (646 M)
- ROAD LOOPS TO CALDANA AND VETULONIA (SCENIC LANDSCAPES AND ETRUSCAN HERITAGE)

QUICK START

EVERYTHING YOU NEED TO RIDE FROM THE DOOR, WITHOUT OVERTHINKING.

WHAT'S INSIDE

- 4 CURATED ROUTES STARTING AND FINISHING AT PUNTA ALA CAMP & RESORT
- 2 GRAVEL LOOPS + 2 ROAD LOOPS (PDF + GPX)
- LOCAL INSIGHTS: SURFACES, RESUPPLY STOPS & KEY CAUTIONS

HOW TO USE THE GPX

- DOWNLOAD THE GPX FILE FROM THE LINK OR QR CODE
- IMPORT IT INTO YOUR NAVIGATION APP OR BIKE COMPUTER
- RIDE! ALL ROUTES START & FINISH AT THE BASE
- TIP: MAKE SURE OFFLINE MAPS ARE DOWNLOADED BEFORE YOU START.

RECOMMENDED SETUP

GRAVEL ROUTES

- TYRES: 40-45 MM RECOMMENDED
- BIKE: GRAVEL / ADVENTURE BIKE
- GEARING: WIDE-RANGE CASSETTE SUGGESTED

ROAD ROUTES

- TYRES: 26-28 MM RECOMMENDED
- BIKE: ROAD BIKE
- GEARING: STANDARD ROAD SETUP COMFORT > SPEED. NO RACE SETUP NEEDED.

SAFETY & DISCLAIMERS

ROUTES ARE SUGGESTIONS, NOT GUIDED TOURS
ROAD AND TRAIL CONDITIONS MAY CHANGE
ALWAYS RESPECT LOCAL TRAFFIC RULES.

YOU RIDE AT YOUR OWN RISK.

THE BASE AT A GLANCE

WHY PUNTALA CAMP & RESORT WORKS AS A CYCLING BASE.

WHY THIS BASE WORKS FOR CYCLISTS?

- ROUTES START DIRECTLY FROM THE DOOR, NO TRANSFERS NEEDED
- GRAVEL AND ROAD OPTIONS FOR DIFFERENT RIDING STYLES
- WARM, FAMILY-FRIENDLY ATMOSPHERE
- ON SITE BIKE RENTAL

CYCLIST-FRIENDLY FEATURES

- SECURE BIKE STORAGE
- BIKE WASH AREA
- EARLY BREAKFAST OR FLEXIBLE MEAL TIMES
- LAUNDRY & DRYING FACILITIES
- ROUTE INFORMATION AND LOCAL TIPS

LOCATION & LOGISTICS

- AREA: BEACHFRONT PINE FOREST SETTING WITH A PLEASANT MICROCLIMATE
- CLOSEST AIRPORTS: PISA (PSA), FLORENCE (FLR)
- LOCATED WITHIN THE CONSORZIO VINI MAREMMA TOSCANA DOC AREA
- FLEXIBLE CHECK-IN / CHECK-OUT ON REQUEST

WHO THIS BASE IS IDEAL FOR

- INDEPENDENT RIDERS WHO WANT READY-TO-RIDE ROUTES
- COUPLES OR SMALL GROUPS MIXING GRAVEL AND ROAD
- CYCLISTS LOOKING FOR A RELAXED, NON-RESORT ATMOSPHERE

NEXT STEP
THINKING OF RIDING FROM HERE?

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ROUTE OVERVIEW

Route name	Type	Distance	Elevation	Surface	Time	Best for
PACR- Gravel 1	Gravel	54.5 km	767 D+	43% unpaved	4 h	Challenging
PACR - Gravel 2	Gravel	55.8 km	560D+	52% gravel	3h 30 h	Easy
PACR- Road 1	Road	83.9 km	523 D+	Asphalt	5 h	Easy
PACR- Road 2	Road	60 km	633 D+	Asphalt	3 h	Relaxed



HOW TO READ THIS TABLE

- DISTANCE & ELEVATION ARE BASED ON GPX DATA
- TIME ESTIMATE INCLUDES STEADY RIDING AND SHORT STOPS
- SURFACE (GRAVEL) INDICATES OVERALL ROUTE CHARACTER, NOT EXACT CONDITIONS

QUICK NOTES

- GRAVEL ROUTES MIX HARDPACK, LOOSE SECTIONS AND OCCASIONAL TECHNICAL PASSAGES
- ROAD ROUTES FAVOUR SECONDARY ROADS BUT MAY INCLUDE SHORT BUSIER SECTIONS
- ROUTES CAN BE COMBINED OR ADAPTED TO MULTI-DAY STAYS

READY-MADE ROUTES FROM FOUR TESTED ROUTES START RIGHT FROM THE VILLAGE

PACR- GRAVEL 1 · TIRLI LOOP

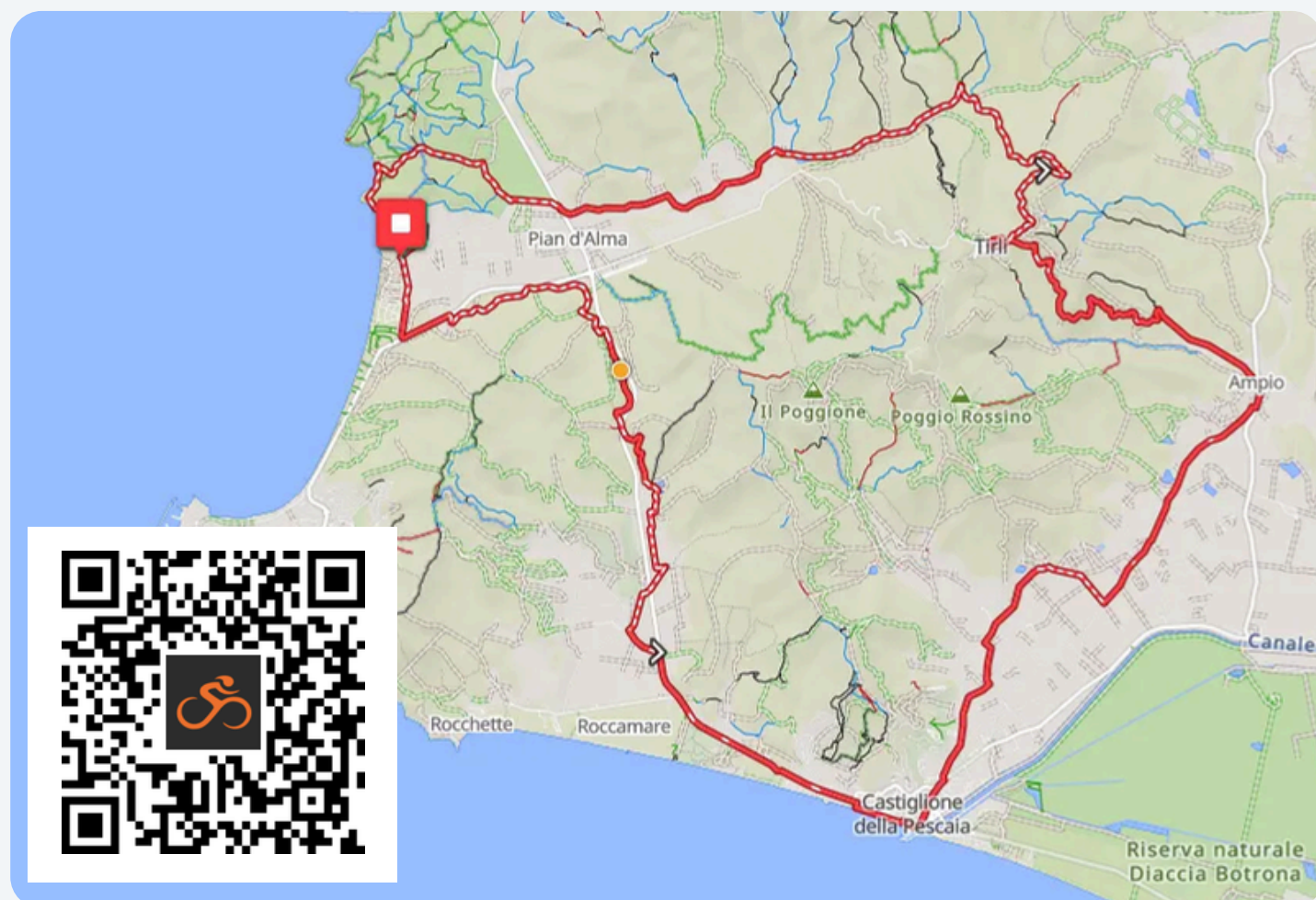
[DOWNLOAD THE ROUTE HERE](#) OR USE THE QR CODE

Distance	Elevation	Surface	Time
54.5 km	767 D+	43% unpaved	4 h

HIGHLIGHTS: CASTIGLIONE DELLA PESCAIA, TIRLI, CALA VIOLINA

RESUPPLY: WATER POINTS IN CASTIGLIONE DELLA PESCAIA, TIRLI.
CAFE & BAKERY

CAUTIONS: NONE, BUT CHALLENGING.



PACR- GRAVEL 2 · CASTIGLIONE LOOP

[DOWNLOAD THE ROUTE HERE](#) OR USE THE QR CODE

Distance	Elevation	Time	Surface
55.8 km	560D+	3h 30 h	52% gravel

HIGHLIGHTS: CASTIGLIONE DELLA PESCAIA, PIAN D'ALMA, RISERVA NATURALE DIACCIA BOTRONA, PIAN DI ROCCA.

RESUPPLY: WATER POINTS IN CASTIGLIONE DELLA PESCAIA (EVERYTHING YOU NEED IS THERE).

CAUTIONS: NO ONE, EASY COASTAL RIDE.



PACR- ROAD 1 · MARSILIANA ROAD

[DOWNLOAD THE ROUTE HERE](#) OR USE THE QR CODE

Distance	Elevation	Time	Difficulty
89 km	598 m D+	5-7 h	Easy, panoramic view

HIGHLIGHTS: THE MAREMMA COUNTRYSIDE, THE STUNNING MARSILIANA ROAD, THE COAST OF FOLLONICA

RESUPPLY: WATER POINTS IN :

- SAN LORENZO - FOUNTAIN IN FRONT OF THE LOCAL CLUB (CIRCOLO)
- RIORTORTO - MUNICIPAL FOUNTAIN ON THE ROUTE (PLUS SEVERAL BARS AND SHOP).
- VALPIANA (BAR, RESTAURANT, GROCERY SHOP, CHEESES)

CAUTIONS: FROM SCARLINO SCALO TO CURA NOVA, FAST-FLOWING ROAD (NOT BUSY), STEEP DESCENT ,ROCKY TRAIL.



PACR- ROAD 2 · THE TIRLI CLIMB

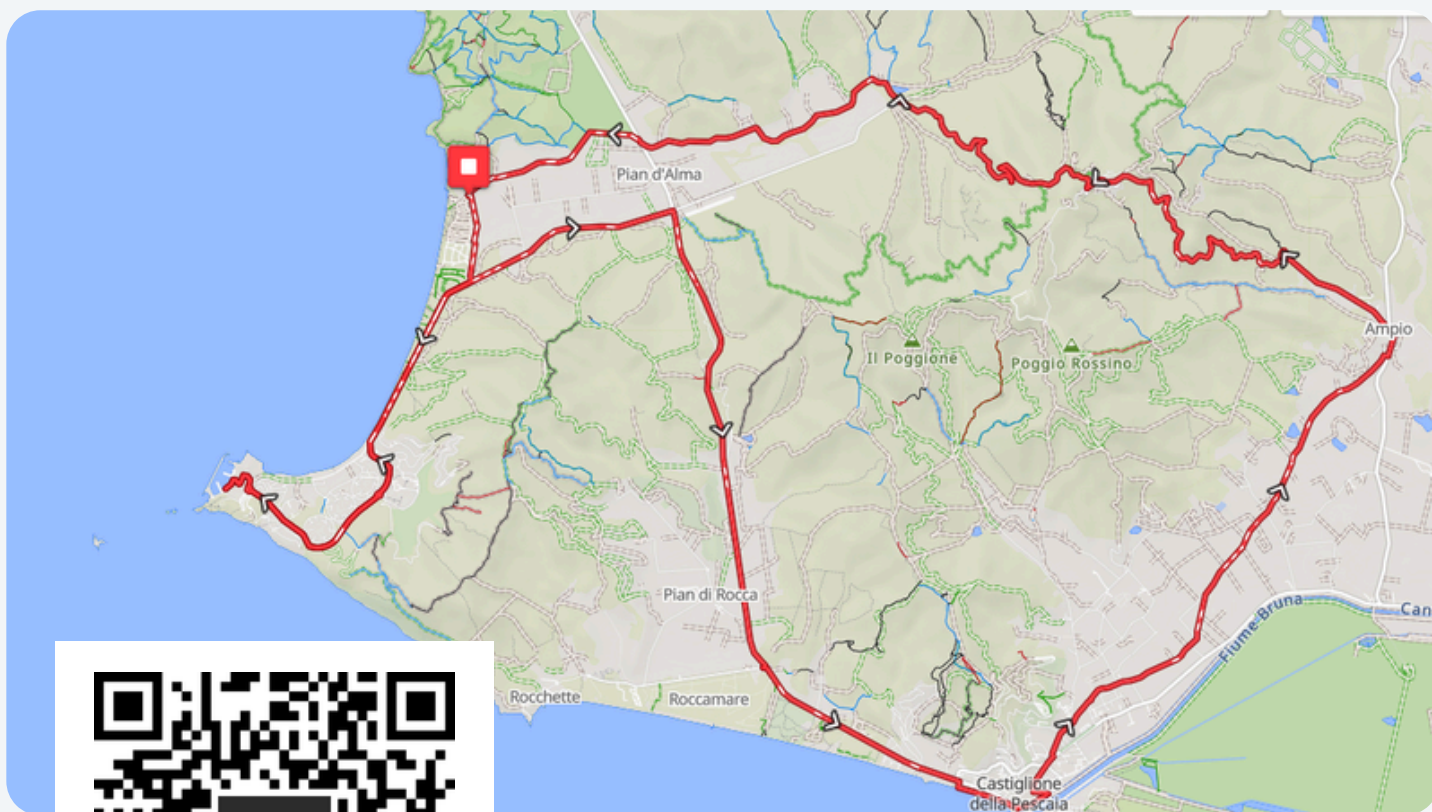
[DOWNLOAD THE ROUTE HERE](#) OR USE THE QR CODE

Distance	Elevation	Time	Difficulty
79 km	221 m D+	4 h	Easy, moderate

HIGHLIGHTS: CASTIGLIONE DELLA PESCAIA, TIRLI

RESUPPLY: WATER POINTS IN CASTIGLIONE DELLA PESCAIA AND TIRLI.
CAFE / BAKERY IN CASTIGLIONE DELLA PESCAIA
TIRLI (BAR, FOUNTAIN, GROCERY SHOP, RESTAURANT, E-BIKE CHARGING)

CAUTIONS: TRAFFIC SECTION, STEEP DESCENT, ROCKY TRAIL.





CLIMATE TIPS

MILD MEDITERRANEAN:

WINTER LOWS RARELY BELOW 3-5 °C,
SUMMER AVERAGES 26-30 °C WITH SEA BREEZE

BEST MONTHS:

APRIL-MAY AND SEPTEMBER-OCTOBER
RIDEABLE CONDITIONS VIRTUALLY YEAR-ROUND

SAMPLE ITINERARIES

TURN INDIVIDUAL ROUTES INTO A RELAXED CYCLING HOLIDAY.

3 NIGHTS / 2 RIDES

A SHORT BREAK WITH GREAT RIDING AND TIME TO RELAX

DAY 1 – ARRIVAL

ARRIVE AT PUNTALA CAMP & RESORT, BIKE SETUP, SHORT WALK OR APERITIVO NEARBY.

DAY 2 – GRAVEL LOOP

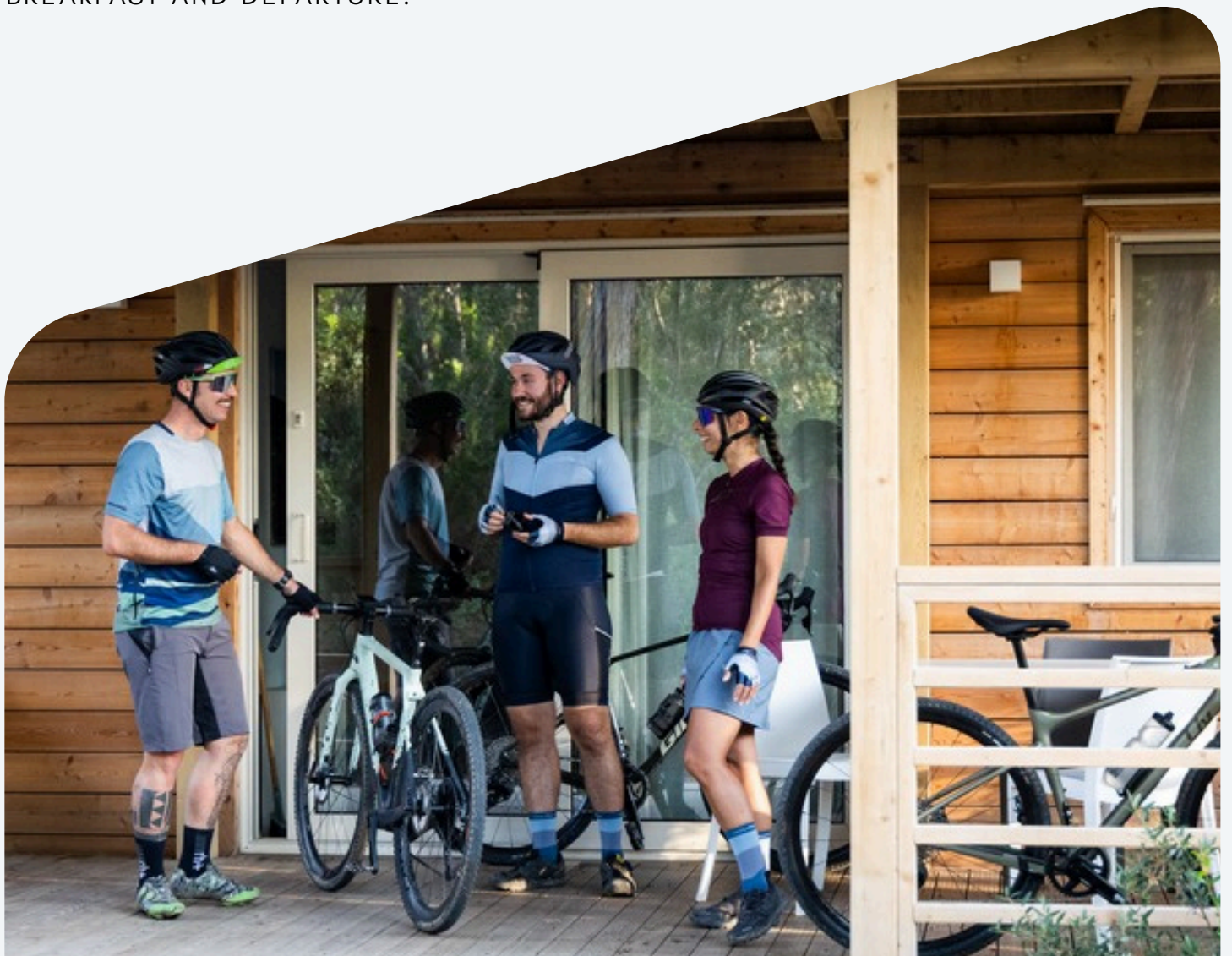
RIDE PACR - GRAVEL 2(A SMOOTH RIDE, PERFECT FOR THOSE WHO WANT A RELAXED PACE THROUGH NATURE WITHOUT THE STRUGGLE OF THE HILLS).

DAY 3 – ROAD LOOP

RIDE PACR ROAD 2 (A MODERATE TO CHALLENGING ROAD RIDE FEATURING A STEADY 400M+ ASCENT TO THE HILLTOP VILLAGE OF TIRLI).

DAY 4 – DEPARTURE

BREAKFAST AND DEPARTURE.





6 NIGHTS / 4 RIDES + REST DAY

THE PUNTALA RIDING EXPERIENCE

DAY 1 – ARRIVAL CHECK-IN AT PUNTALA CAMP & RESORT

BIKE SETUP AND SUNSET DRINK BY THE BEACH.

DAY 2 – COASTAL WARM-UPRIDE: GRAVEL 2

A RELAXING LOOP THROUGH THE WETLANDS. PERFECT TO TEST YOUR LEGS AND ENJOY THE LOCAL NATURE.

DAY 3 – COUNTRYSIDE ROADSIDE: ROAD 1

LEAVE THE COAST TO EXPLORE THE GOLDEN FIELDS AND OLIVE GROVES OF THE MAREMMA HINTERLAND.

DAY 4 – REST DAY RECOVERY DAY

RELAX UNDER THE PINE FOREST, ENJOY THE RESORT BEACH, OR TAKE A SHORT TRIP TO CASTIGLIONE.

DAY 5 – THE EPIC SUMMITRIDE: GRAVEL 1

AN ADVENTUROUS OFF-ROAD CLIMB TO TIRLI VILLAGE. HIGH EFFORT, BUT THE BEST VIEW OF THE ARCHIPELAGO IS YOUR REWARD.

DAY 6 – PANORAMIC SPINRIDE: ROAD 2

ONE LAST CLIMB TO TIRLI, THIS TIME ON ASPHALT. PERFECT FOR A STEADY PACE AND A FAREWELL COFFEE AT THE TOP.

DAY 7 – DEPARTURE

BREAKFAST AT THE RESORT AND DEPARTURE.

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